

Growth and Nutritional Status of School Age Children (6-14 Years) of Tea Garden Worker of Assam

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ABSTRACT This study was conducted to assess the growth and nutritional status of school age children (6-14 years) of tea garden workers of Assam. Compared to NCHS standard and affluent Indian children, the mean height and weight of tea garden children was inferior at all ages. Assessment of nutritional status using WHO recommended anthropometric indicators revealed a high prevalence of malnutrition among tea garden school age children and malnutrition was both chronic and recent in nature. Prevalence of wasting, stunting and underweight was 21.2%, 47.4% and 51.7% respectively among the children in the age group of 6-8 years. Prevalence of stunting and thinness was 53.6% and 53.9% respectively among the children in the age group of 9-14 years age group.