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Establishing Connectivity of Emotional Quotient (E.Q), Spiritual Quotient (S.Q.) with Social Adjustment: A Study of Kashmiri Migrant Women

Rajni Dhingra, Sarika Manhas* and Nirmala Thakur

*P.G. Department of Home Science, University of Jammu, Jammu 180 004,
Jammu and Kashmir, India*

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ABSTRACT The present study assesses the emotional quotient (E.Q), spiritual quotient (S.Q.) and social adjustment of Kashmiri migrant women. Further, it explores the relationship that exists between these variables. The sample comprised of 50 migrant women (25 each classified as socially well adjusted and maladjusted respectively) in the age group of 35-45 years, residing in Muthi camp at Jammu. The tools used for data collection included interview schedule, participant observation, Social Adjustment Inventory, Spiritual Quotient Scale and Emotional Quotient Scale. The results showed that majority (86%) of the women had moderate S.Q and (58%) had moderate E.Q. There existed a significant positive correlation between E.Q and S.Q. Social adjustment was positively and significantly correlated with E.Q. (for the entire and maladjusted group). This indicates that women scoring high on social adjustment had low E.Q and vice versa. Social adjustment on the other hand shared a significant negative correlation with S.Q. (for entire sample and maladjusted women). This shows that higher the social adjustment higher the S.Q. of the sample women.