

An Anthropometric Profile of Rural Women of Karnataka - A Study

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ABSTRACT The anthropometric measurements of women are essential for correct design of the work areas, especially the kitchen, chulahs, shelves and cupboards. The mean height of the rural women was 149.30 cms and the mean weight was 43.90 kilograms. The measurements on normal and maximum reaches on vertical and horizontal plane are most essential while designing the storage areas in the house.

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