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Care During Pregnanancy and Lactation in Brajarajnagar Mining Area of Orissa

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KEY WORDS Care. Pregnancy. Lactation. Brajarajnagar.

ABSTRACT Mahanadi Coal fields limited embraces few mines in Jharsuguda district of Orissa. It provides all sorts of medical facilities to its employees. The employees work here are from different parts of India having their own customs, believes faiths and values. They take proper care of their health in their own way. The present study was undertaken to find out the care during pregnancy and lactation in Brajarajnagar mining area of Jharsuguda district Orissa. A total of 221 samples have been collected among pregnant (90 women) and lactating mothers (131 mother) from this area. The women are non vegetarian in food habits (80.52%). 40% of women starts antenatal checkup after a missing period and got confirmed being pregnant and check up their health regularly during pregnancy (74.44%). Maximum numbers (16.66%) of women have been checked up for 5 times during their pregnancy. However, they checkup their health during emergency only.

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