

Physiological Variation Between Two Populations of Punjab

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ABSTRACT This paper presents variation in various physiological parameters between two endogamous groups of Punjabi females i.e. the Jat Sikh and the Bania. A total sample of 300 females ((150 each for both the groups) in the age range of 20-25 years was subjected to various physiological observations. When compared, the Jat Sikh have shown a higher value for pulse rate, maximum expiratory pressure, grip strength and vital capacity than their Bania counterparts.

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