

An Assessment of Helping Behaviour of University of Ibadan Campus Resident Students

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ABSTRACT This study was an ex post facto research. It surveyed the helping behavior of 88 undergraduate and postgraduate student (44 males and 44 females) of the University of Ibadan, Nigeria. Subjects had a mean age of 24.1 years and a standard deviation of 3.2 and were residents of postgraduate halls of the University of Ibadan. The instruments used in the research included introversion-extroversion part of the Eysenck personality Questionnaire (EPQ) and a purposefully designed 16-item, 5-1 rated Helping Behaviour Measuring Scale. Using the t-test static to test the three hypotheses, it was found that (1) there was a significant difference in the helping behavior of female and male students ($t = 4.2, p < .05$), (2) there was a significant difference in the helping behaviour of extroverts and introverts ($t = 5.01, p < .05$), and (3) there was no significant difference in the helping behaviour of undergraduate and post-graduate students. Discussion of findings was made with regard to the psychological, cultural, legal and administrative barriers that stand in the way of people's willingness to help others in distress. Recommendations on ways of getting expected helpers attention were also made.