

General Health Problems of Farm Women in District Kangra of Himachal Pradesh

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ABSTRACT To investigate general health problems of farm women of district Kangra (H.P), 180 respondents were selected for investigation. Majority of women were in 31-45 years age group. Higher rate of illiteracy was found in small category households (land holding upto 0.8 ha) whereas more number of graduates were found in large category households (land holding above 1.6ha). Diverse subsidiary occupations were adopted by the households to supplement the income from main occupation. General health problems of the respondents were explored. Dental, gynaecological and stomach problem along with backache emerged as the most common health problems. More than half of the respondents had pregnancies from four to six. 72.22 percent respondents had suffered either one, two, three or more abortions. Majority of the women seek elder's advice in situations when they faced gynaecological problems.