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Factors Affecting the Mental Health of BSED Math Students during the COVID-19 Pandemic

Monetta C. Valencia

*Bicol State College of Applied Sciences and Technology
Peñafrancia Avenue, Naga City, Camarines Sur, Philippines 4400*

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ABSTRACT Educational institutions are among the most affected sectors during these times when health concerns are top priority in all of the communities. Changes in the school setup and necessary health precautions have become mandatory just to ensure learning even in this time of pandemic. The shift to distance learning poses psychological effects on the students. This study focused on the factors, such as, year level, learning environment, availability of resources and gadgets used at home, which could affect the mental and psychological being of the BSED Math students specifically. Using the quantitative approach, the data gathered the students' perception on the said factors and these were interpreted using descriptive statistics, T-test, Pearson correlation. The result showed that two of these factors greatly affect their mental health. These are the noise that they have to deal with in their learning environment and the availability of resources particularly, a stable internet connectivity.