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Evaluation of the Morph-functional Competences of New Students of the Pedagogy Undergraduate Program in Physical Education of Universidad de Tarapacá

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ABSTRACT With the boom in the field of sport, many people consider the study of this branch of science, but will those interested have the morphological competences that require the training and future practice of this profession? Objective is to evaluate the competences of the new students of the Pedagogy in Physical Education course at the University of Tarapacá. A quantitative, non-experimental, cross-sectional investigation was carried out with an intentional sample, carrying out an anthropometric film study and a race test to assess physical capacity. Evidencing that: Thirty-six percent of the students did not practice physical exercises, twenty-seven percent were overweight, and eight percent were obese, the maximum oxygen consumption was 48.48 ml/kg/min. It is necessary to develop methodological strategies aimed at improving the morph status of the student so that the student optimizes the performance in their training process and thereby contribute to the improvement of the quality of the future teacher.