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Impact of Health Education Programme on the Knowledge and Practices of School Children Regarding Personal Hygiene in Rural Panipat

Meena Siwach

Krishi Vigyan Kendra, Ujha Panipat 132 103, Haryana, India
E-mail: siwachmeena@gmail.com, meenasiwach @hotmail.com

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ABSTRACT The present study was conducted in the villages of district Panipat of Haryana state on a sample of 60 rural school going children aged 8-10 years .The study revealed that majority of the respondents in the area had low scores on level of knowledge and practices regarding personal hygiene. In order, to enhance their level, a Health education programme was developed, the respondents were divided into experimental and control groups and the programme was administered in the experimental group. After the intervention of Health education programme the results showed an impact of the programme as the scores of the children after post-testing improved in the experimental group and they were found to be significant on various aspects of personal hygiene.