Female Bullying: Prevention and Counseling Interventions

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ABSTRACT Bullying is largely recognized as a significant issue of peer abuse in schools. Although not all children are victims or perpetrators of bullying, it does occur across gender lines. However, bullying presents itself in a unique form with females when compared with males. The purpose of this paper is to more specifically understand the problem of bullying in females and outline effective prevention efforts. Counseling strategies for working with both bullies and their victims are reviewed.