The Effects of Therapeutic Management Approach on Depressive Symptomatology and Cognitive Task Performance among the Physically Challenged Students of Rehabilitation Centre, Ibadan, Nigeria

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ABSTRACT This study investigated therapeutic management approach of depressive symptomatology on the performance of cognitive task among the special need students of rehabilitation centre, Ibadan, Nigeria (male one hundred and eleven and female eight-nine). A self constructed validated questionnaire was used to generate data. The t-test statistics was employed to test the three research hypotheses formulated while the adjusted post-mean score was performed on the achievement test scores. Findings indicated that there were significant differences in the signs and symptoms of depression exhibited by the experimental and the control groups. Further, better cognitive task performance by the experimental group due to reduction in the level of signs and symptoms of depression was revealed.