Menarche and Menopause among the Iruliga Tribal Women

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ABSTRACT In the present study an attempt has been made to study the age at menarche and menopause among the Iruliga women of Mysore district, Karnataka state. The mean menarcheal and menopausal age of Iruliga women was found to be 13.93 ± 1.6 years and 46.63 ± 0.53 years respectively.