Burnout among Nurses Working in Government and Private Hospitals

Sudha Katyal

Department of Human Development and Family Relations, Govt. Home Science College,
Sector 10, Chandigarh, 160 010, India
E-mail: sudhakatyal@gmail.com

KEYWORDS Emotional Exhaustion. Depersonalization. Personal Accomplishment

ABSTRACT The present study was aimed to find out burnout among nurses and to determine difference, if any, in burnout of nurses working in Government and Private Hospitals. The sample comprised of randomly selected two government and two private hospitals of Chandigarh and S.A.S. Nagar, Mohali. The findings revealed that government hospital nurses had high level of burnout. On the other hand nurses working in private hospitals had moderate to low level of burnout. Government hospital nurses were found to have significantly higher emotional exhaustion and depersonalization as compared to their counterparts working in private hospitals. However, they did not differ significantly with respect to personal accomplishment.