

A Study of Adjustment Level of Adolescents from Foster Home and Biological Families

Asmita Dhyani and Ritu Singh

*Department of Human Development and Family Studies, G.B.P.U. A. and T.,
Pantnagar 263 145, Distt. U.S. Nagar, Uttarakhand, India*

KEYWORDS Emotional Adjustment. SOS Village. Destitute/Orphan. Foster Relationship. Gender Differences

ABSTRACT The present study assessed and compared the adjustment level of adolescents from foster home and biological nuclear families. SOS Children's Village was the purposively selected foster home. The sample for the present study comprised of in total 90 respondents: forty five (45) 14-18 year old adolescents from SOS Bhimtal and an equivalent number of adolescents from biological nuclear families of Bhimtal, itself. Adjustment level of the respondents was assessed using a standardized adjustment inventory. In the present study, it was seen that girls from both the family settings exhibited higher level of adjustment in all the domains than boys. Besides this, majority of the respondents from both the family settings were found to be average or above in all the domains of adjustment. However, at the same point, approximately 25% of the study population was seen to be having unsatisfactory adjustment level, as well. It was also seen that except on the educational adjustment component, respondents from biological nuclear families were significantly more socially, emotionally and compositely adjusted than their counterparts.