Contemporary Clothing Habits and Sexual Behaviour of Adolescents’ in South Western Nigeria

Olugbenga David Ojo and Odeleye Bidemi*

National Open University of Nigeria, 14/16, Ahmadu Bello Way, Victoria Island Lagos, Nigeria
*Department of Counselling Psychology, Tai Solarin University of Education, Ijagun, Ijebu-Ode, Nigeria

KEYWORDS Adolescents. Sexual Behaviour. Contemporary Clothing Habit

ABSTRACT Adolescence period is characterised by various incidences. This allows for confirmed inferences of different magnitude. This study looked into contemporary clothing habits and sexual behaviour of adolescents in the South Western Nigeria with a view to establish whether there is a relationship between adolescents’ clothing habits and their sexual behaviour and also, what influences their clothing habits. 520 adolescent students were randomly selected using quota-sampling method from available higher institutions in the South Western Nigeria. Clothing Habits and Sexual Behaviour Questionnaire (CHSBQ) was used to collect data, which was analysed by t-test statistics inference at a 0.05 level of significance. The result shows that there is no significant difference in the factors influencing adolescents’ dressing habits and also the fact that there is relationship between clothing habits and their sexual behaviour.