Ethnobiological Analysis from Myth to Science
V: Thought Vibration - A Human Environmental Factor

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ABSTRACT The human mind is a miniature system of the cosmic environment as declared by the ancient Indian sage scientists. The internal conditions of the mind is known as Samskaara (mental impressions of one’s last life) as well the habits of a person in the present life, both are responsible to control the vibrations in a mind; play an essential role to disturb it or enlighten it, which ultimately reflects on his environment. The Indian Yoga system, which synchronizes the process of breathing (Praanaayama) with the mental vibration makes the mind thoughtless and leads the soul towards a higher consciousness. Above all, mental pollution (thought pollution) is a great factor, which works in obscurity in the environment; needs special attention for its exact comprehension.