Prevalence of Obesity Among Female Children of Amritsar in Punjab with Convenient Indicators

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KEY WORDS Obesity, BMI, Punjabi Children.

ABSTRACT In the present study, an attempt has been made to report the prevalence of obesity among the female children of Amritsar district in Punjab. Data on height, weight and triceps skinfold measurements were collected from 500 school going female children, ranging in age from 6-11 years. Body mass index, relative body mass index, relative weight and triceps skinfold were compared as indicators of obesity.

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