

Kinanthropometry

By S.P. Singh and P. Malhotra

121 pp., Figures, Tables, Illustration.

Bibliography, Index. Lunar Publications, Patiala
(1989) Rs. 75-00 (Cloth).

Kinanthropometry is an emerging scientific specialization dealing with human movement measurements for the study of size, shape, proportion, composition, maturation and gross functions. Under the panorama of this subject different aspects of growth, performance and nutrition along with their application in medicine, education and government (with respect to individual rights in the service of human kind) are covered.

The book titled *Kinanthropometry* is a nice compilation of the information from selected excellent scientific treatises on the subject. The plan of work, including the chapterisation centres around the definition of Kinanthropometry given by Ross and his coworkers (Ross et al., 1980). Essentially there are four components in the definition; identification, specification, application and relevance. The book under review, though deals relatively aptly with the specification and application and to a lesser extent the relevance of Kinanthropometry, it fails to clinch the very basic idea of the subjects identification in

terms of human movement measurements. Some additional measurements and emphasis on the dynamic aspects of human variation and movement analysis during work conditions would have enhanced the value of the book.

The book has been well arranged in six chapters. The first chapter covers the introductory part of Kinanthropometry. The second through fifth chapters deal adequately with the recommended methods, including analysis, of body measurements, body proportions, body composition and somatotyping. The final chapter forms a good reading on the application of these methods in the fields of growth, maturation and performance.

The authors need to be complemented for bringing out a simplified book on Kinanthropometry which will be useful for the students of physical anthropology and human biology. I hope this book will find a place in different libraries and in the personal collection of those who are interested in the field of Kinanthropometry.

REFERENCE

- Ross, W.D., Drinkwater, D.T., Bailey, D.A., Marshall, G.R. and Leahy, R.M.: Kinanthropometry: Traditions and New Perspectives, pp 3-27. In: *Kinanthropometry II*. M. Ostyn, G. Beunen and J. Simmons (Eds.). University Park Press, Baltimore. (1980)

S.L. Malik

Department of Anthropology
University of Delhi, Delhi-110 007